

ULTRASOUND

Obstetrical & Gynecologic exams or lower abdominal exams in males

1. A full bladder is essential. Drink 4 to 6 – 8 oz. Glasses of clear fluids 1 ½ hours prior to appointment. DO NOT EMPTY BLADDER.
2. If patient is menstruating, suggest scheduling the exam after the patient has finished menstruating.

Transvaginal (TV)

1. No preparation needed.
2. If patient is menstruating, suggest scheduling the exam after the patient has finished menstruating.

Abdominal Scan (Pancreas, Gallbladder, and Liver)

NPO (nothing to eat or drink) after midnight the night before exam.

Breast

Please arrange to have mammogram films in the department at time of exam.

Vascular Exam

No Preparation needed.

Kidney

1. Bladder may be emptied.
2. Please bring x-rays of kidney with you unless they were performed at Torrance Memorial Medical Center.