

## **LIVER BIOPSY PREPARATION INSTRUCTIONS**

**DO** inform your doctor if you have a pacemaker, internal defibrillator, latex allergy, or artificial heart valve.

**DO** inform your doctor if you are diabetic.

- **Insulin dose:** your regular dose the morning of the procedure.
- **Oral glucose pill:** Do not take this the morning of the procedure.

**DO** the ordered blood tests (CBC, PT, PTT) 7 days before your liver biopsy to establish that you do not have a problem with normal blood clotting.

**DO** take your heart and BP medicines in the morning with sips of water only (take 2 hours before leaving for the procedure).

**DO** have a driver to take you home (**A MUST: no taxi or walking home**).

**DO** have an adult member with you for the rest of the day and evening after the procedure.

**DO** schedule a follow-up office visit to be approximately 2 weeks after your biopsy. The doctor will go over the results of the liver biopsy with you.

**DON'T** eat or drink anything after midnight before this procedure.

**DON'T** take aspirin, arthritis medicines, and any ibuprofen type medicines one week before this procedure. (Plain Tylenol/Acetaminophen is ok)

**DON'T** take Coumadin for \_\_\_\_\_ days before this procedure. \*

Stop Coumadin on this date \_\_\_\_\_.\*

\* This will be determined at the time of your visit.